

How long does it take?

Sometimes there is a waiting list, and it may take some time before it is your turn and you receive an invitation for a psychodiagnostic assessment. Depending on the type of test and the number of tests to be taken, the assessment will take at least one to several half days.

We aim to have the conclusions ready within 6 to 8 weeks after the assessment. Finally, there will be an interview about the results. All in all, a psychodiagnostic assessment can take quite some time.



More information

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Fundacion Salud Mental Aruba RESPALDO



PSYCHODIAGNOSTIC ASSESSMENT

General information



Psychodiagnostic Assessment

As part of treatment, a psychodiagnostic assessment may be necessary. You will find more information about this in this brochure.

Why a psychodiagnostic assessment? This assessment can provide more insight into the background of your problems, your abilities and strengths and can be useful when choosing the most appropriate treatment options.

Types of Psychodiagnostic Testing

There are four different types of psychodiagnostic testing, and sometimes several tests can be combined during one treatment process.

1) An ability test tests and quantifies your intelligence in general and the different aspects of it. We collect this information by means of tests and assignments.

2) During neuropsychological testing, your cognitive functions are measured by means of tests. These include memory, concentration, perception, language, spatial insight and problem-solving skills.

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3) A personality test measures your personal qualities and characteristics. This will show what your strengths and weaknesses are. For daily functioning and/or proper treatment, it is important to know how you try to maintain your psychological balance, and what the consequences are when this is disturbed.

4) Testing for specific psychiatric disorders, such as ADHD or autism.

Each test may involve asking questions or talking to people who know you well, such as parents, siblings or partners. They can then provide additional information, for example about your development.



How does it work?

Based on the application or a brief initial interview, we will identify what needs to be tested. Through contact(s) with a psychologist, information about you is collected, you will have to complete questionnaires and participate in some other tests. Both the test results and the information that comes up during the interviews will be recorded in a report. After the results have been interpreted, you will be invited to discuss the results.

